

BABY and ME YOGA



For babies 1 month to 1 year old and a responsible loved one

School Street Yoga Studio

5 School St. Waterville, Maine

Sundays February 5- March 4

1:00- 2:00 pm

Watch your baby develop strength, coordination, balance, concentration, and self-esteem in a fun and playful environment while bonding with you!

Taught by Certified Yoga Instructor Emily Widor

For more information go to www.schoolstreetyoga.com and click on "New at the Studio"

To sign up:

Email- info@schoolstreetyoga.com

Or call- 207-330-1450

